

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 TV MASS 1:00 MOVIE	2 OUTING TO THE TOPSFIELD FAIR! 	3 Hairdresser 9:00 Book Club 10:00 Exercise 11:00 Word Game 1:00 Nails 1:15 Mahjongg	4 9:00 Book Club 10:00 Chair Yoga 11:00 Word Game 1:00 Rory Raven "The Mentalist" performs!	5 9:00 Book Club 10:00 Walking 1:00 Current Events w/ Betsy 2:30 Costumes 5:30 Halloween Parade	6 9:00 Book Club 10:00 Exercise with Marsha 11:00 Visual Meditation 1:00 Movie	7 BINGO/MOVIE CARD GAMES
8 TV MASS 1:00 MOVIE	9 Columbus Day Bingo/Movie	10 Hairdresser 9:00 Book Club 10:00 Exercise 11:00 Word Game 1:00 Nails 1:00 Mahjongg	11 9:00 Book Club 10:00 Rosary Group 1:00 Creative Endeavors	12  9:00 Book Club 10:00 Walking Group 2:00 Soup tasting and Judging	13 9:00 Book Club 10:00 Exercise with Marsha 11:00 Visual Meditation 1:00 Movie	14 BINGO/MOVIE INDEPENDENT ACTIVITIES
15 TV MASS 1:00 MOVIE	16 9:00 Book Club 10:00 Yoga 11:00 Trivia 1:00 Bingo 2:00 Let's Stretch	17 Hairdresser 9:00 Book Club 10:00 Exercise Class 11:00 Word Game 1:00 Nails 1:00 Mahjongg	18 9:00 Book Club 10:00 Chair Yoga 11:00 Word Game 1:00 Let's Reminisce 2:00 Crackers/cheese	19 9:00 Book Club 10:00 Walking Group 11:00 Resident Council Meeting 1:00 Choir Practice	20 9:00 Book Club 10:00 Exercise with Marsha 11:00 Visual Meditation 1:00 Movie	21 BINGO/MOVIE INDEPENDENT ACTIVITIES
22 TV MASS 1:00 MOVIE	23 9:00 Book Club 10:00 Yoga 11:00 Good News 1:00 Bingo 2:00 Let's Stretch	24 Hairdresser 9:00 Book Club 10:00 Exercise 1:00 Nails 1:00 Mahjongg 2:00 Lydia the comfort dog visits	25 9:00 Book Club 10:00 Exercise Group 1:00 Music Appreciation	26 9:00 Book Club 10:00 Walking Group 1:00 Choir Practice 2:30 Tea/Marsha	27 9:00 Book Club 10:00 Exercise with Marsha 11:00 Visual Meditation 1:00 Movie	28 BINGO/MOVIE INDEPENDENT ACTIVITIES
29 TV MASS 1:00 MOVIE	30 9:00 Book Club 10:00 Yoga 11:00 Trivia 1:00 Bingo 2:00 Let's Stretch	31 Hairdresser 9:00 Book Club 10:00 Exercise 11:00 Word Game 12:00 Oct. birthday celebration! 1:00 Halloween party				

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