

January 2022

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Happy New Year!

10:00am Chair Yoga
1:15pm Movie

10:00am TV Mass
1:30pm Movie

2

10:00am Chair Yoga
1:15pm Movie

3

Hairdresser
9:00 Book Club
10:00 Chair Yoga
11:00 Word Game
1:15 Nails polished
3:30 Meditation

4

9:00 Book Club
10:00 Dancercise
11:00 Trivia
1:00 Poetry Group
2:00 You Be the Judge
3:00 Meditation

5

9:00 Book Club
10:00 Exercise
11:00 Word Game
1:00 Armchair Traveler
3:00 Meditation

6

9:00 Book Club
10:00 Rosary Group
11:00 Trivia
1:15 Movie

7

10:00am Chair Yoga
1:15pm Movie

8

10:00am TV Mass
1:30pm Movie

9

9:00am Book Club
10:00am Chair Yoga
11:00 Trivia
1:15pm Bingo
3:00pm Father Murray Catholic Mass

10

Hairdresser
9:00 Book Club
10:00 Chair Yoga
11:00 Word Game
1:15 Nails polished
3:30 Meditation

11

9:00 Book Club
10:00 Dancercise
11:00 Trivia
1:00 Poetry Group
2:00 Word Game
3:00 Meditation

12

9:00 Book Club
10:00 Exercise
11:00 Word Game
1:00 Lydia the Comfort Dog Visits!
3:00 Meditation

13

9:00 Book Club
10:00 Rosary Group
11:00 Trivia
1:15 Movie
6:30 Movie

14

10:00am Chair Yoga
1:15pm Movie

15

10:00am TV Mass
1:30pm Movie

16

10:00am Chair Yoga
1:30pm Movie

Martin Luther King Day

17

Hairdresser
9:00 Book Club
10:00 Chair Yoga
11:00 Word Game
1:15 Nails polished
3:30 Meditation

18

9:00 Book Club
10:00 Dancercise
11:00 Trivia
1:00 Poetry Group
2:00 You Be the Judge
3:00 Meditation

19

9:00 Book Club
10:00 Exercise
11:00 Word Game
1:00 Armchair Travel
2:00 Wine/Cheese
3:00 Meditation

20

9:00 Book Club
10:00 Rosary Group
11:00 Trivia
1:15 Movie
6:30 Movie

21

10:00am Chair Yoga
1:15pm Movie

22

10:00am TV Mass
1:30pm Movie

23

9:00am Book Club
10:00am Chair Yoga
11:00 Trivia
1:15pm Bingo
2:15pm Corn Hole
3:00pm Meditation

24

Hairdresser
9:00 Book Club
10:00 Chair Yoga
11:00 Word Game
1:15 Nails polished
3:30 Meditation

25

9:00 Book Club
10:00 Dancercise
11:00 Trivia
1:00 Poetry Group
2:00 Word Game
3:00 Meditation

26

9:00 Book Club
10:00 Exercise
11:00 Word Game
1:15 Corn Hole
2:30 Trivia
3:00 Meditation

27

9:00 Book Club
10:00 Rosary Group
11:00 Trivia
1:15 Movie
6:30 Movie

28

10:00am Chair Yoga
1:15pm Movie

29

10:00am TV Mass
1:30pm Movie

30

9:00am Book Club
10:00am Chair Yoga
11:00am Resident Council Meeting
1:15pm Bingo
2:15pm Corn Hole

31

