

October 2022



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

							10:00 Chair Yoga 1 1:15 Movie
10:00 TV Mass 2 1:15 Movie	9:00 Book Club 3 10:00 Chair Yoga 11:00 Trivia 1:15 Bingo 2:00 Iced Coffee 3:00 Meditation	9:00 Book Club 4 10:00 Dancercise 11:00 Word Game 1:15 Have your nails polished 3:30 Meditation	9:00 Book Club 5 10:00 Chair Yoga 11:00 Trivia 1:15 Getting to Know You 3:00 Meditation	9:00 Book Club 6 10:00 Dancercise 11:00 Word Game 1:15 Armchair Traveler 3:00 Meditation	9:00 Book Club 7 10:00 Games 10:00 Rosary 11:00 Bible Study with Judy 1:15 Movie		10:00 Chair Yoga 8 1:15 Movie
10:00 TV Mass 9 1:15 Movie	Columbus Day 10 10:00 Chair Yoga 1:15 Movie 3:00 Catholic Mass with Father Murray	Hairdresser 11 9:00 Book Club 10:00 Dancercise 11:00 Word Game 1:15 Have your nails polished 3:30 Meditation		12 9:00 Book Club 10:00 Chair Yoga 11:00 Trivia 1:15 Poetry Group 3:00 Meditation	9:00 Book Club 13 10:00 Dancercise 11:00 Word Game 1:15 Wine, Women and Song 3:00 Meditation	9:00 Book Club 14 10:00 Games 10:00 Rosary 11:00 Bible Study with Judy 1:15 Movie 6:00 Movie	10:00 Chair Yoga 15 1:15 Movie
10:00 TV Mass 16 1:15 Movie	9:00 Book Club 17 10:00 Chair Yoga 11:00 Trivia 1:15 Bingo 2:00 Iced Coffee 3:00 Meditation	Hairdresser 18 9:00 Book Club 10:00 Dancercise 11:00 Word Game 1:15 Have your nails polished 3:30 Meditation	19 9:00 Book Club 10:00 Chair Yoga 11:00 Trivia 1:15 Adult Coloring 3:00 Meditation	9:00 Book Club 20 10:00 Dancercise 11:00 Word Game 1:15 Armchair Traveler 3:00 Meditation	9:00 Book Club 21 10:00 Games 10:00 Rosary 11:00 Bible Study with Judy 1:15 Movie 6:00 Movie		10:00 Chair Yoga 22 1:15 Movie
10:00 TV Mass 23 1:15 Movie	9:00 Book Club 24 10:00 Chair Yoga 11:00 Resident Council Meeting 1:15 Bingo 2:00 Iced Coffee 3:00 Meditation	Hairdresser 25 9:00 Book Club 10:00 Dancercise 11:00 Word Game 1:15 Have your nails polished 3:30 Meditation	26 9:00 Book Club 10:00 Chair Yoga 11:00 Trivia 1:15 Would You Rather 3:00 Meditation	9:00 Book Club 27 10:00 Dancercise 11:00 Word Game 1:15 Wine, Women and Song 3:00 Meditation	9:00 Book Club 28 10:00 Games 10:00 Rosary 11:00 Bible Study with Judy 1:15 Movie 6:00 Movie		10:00 Chair Yoga 29 1:15 Movie
10:00 TV Mass 30 1:15 Movie	9:00 Book Club 31 10:00 Chair Yoga 11:00 Trivia 1:15 Halloween Party, Movie and Treats	  					

