

FEBRUARY 2023

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



	9:00 Book Club 1 10:00 Chair Yoga 11:00 Trivia 1:15 Adult Coloring 2:00 Corn Hole 3:00 Meditation	9:00 Book Club 2 10:00 Chair Yoga 11:00 Word Game 1:15 Armchair Traveler 2:00 Aging Support Group 3:00 Meditation	9:00 Book Club 3 10:00 Word Game 11:00 Bible Study with Judy 1:15 Movie 6:00 Movie
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10:00 TV Mass 5 1:15 Movie 3:00 Poetry with Jane	6 9:00 Book Club 10:00 Chair Yoga 11:00 You be the Judge 1:15 Bingo 3:00 Meditation	Hairdresser 7 9:00 Book Club 10:00 Dancercise 11:00 Word Game 1:15 Nails polished 3:30 Meditation	8 9:00 Book Club 10:00 Chair Yoga 11:00 Trivia 1:15 Adult Coloring 2:00 Corn Hole 3:00 Meditation	9:00 Book Club 9 10:00 Chair Yoga 11:00 Word Game 1:15 Armchair Traveler 3:00 Meditation	9:00 Book Club 10 10:00 Word Game 11:00 Bible Study with Judy 1:15 Movie 6:00 Movie	10:00 Chair Yoga 11 1:15 Movie
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10:00 TV Mass 12 1:15 Movie 3:00 Poetry with Jane	9:00 Book Club 13 10:00 Chair Yoga 11:00 You Be the Judge 1:15 Bingo 3:00 Catholic Mass with Father Murray	Valentine's Day 14 9:00 Book Club 10:00 Dancercise 11:00 Word Game 1:30 John Jerome Performs!	15 9:00 Book Club 10:00 Chair Yoga 11:00 Trivia 1:15 Nails polished 3:00 Meditation	9:00 Book Club 16 10:00 Chair Yoga 11:00 Word Game 1:15 Armchair Traveler 2:00 Poetry Group 3:00 Meditation	9:00 Book Club 17 10:00 Word Game 11:00 Bible Study with Judy 1:15 Movie 6:00 Movie	10:00 Chair Yoga 18 1:15 Movie
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10:00 TV Mass 19 1:15 Movie 3:00 Poetry with Jane	President's Day 20 10:00 Chair Yoga 1:15 Movie	Hairdresser 21 9:00 Book Club 10:00 Dancercise 11:00 Word Game 1:15 Nails polished 3:30 Meditation	22 9:00 Book Club 10:00 Chair Yoga 11:00 Trivia 1:15 Bingo 3:00 Meditation	9:00 Book Club 23 10:00 Chair Yoga 11:00 Word Game 1:15 Armchair Traveler 3:00 Meditation	9:00 Book Club 24 10:00 Word Game 11:00 Bible Study with Judy 1:15 Movie 6:00 Movie	10:00 Chair Yoga 25 1:15 Movie
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10:00 TV Mass 26 1:15 Movie 3:00 Poetry with Jane	9:00 Book Club 27 10:00 Chair Yoga 10:00 Board Meeting 11:00 Trivia 12:45 Resident Council Meeting 1:15 Bingo 3:00 Meditation	Hairdresser 28 9:00 Book Club 10:00 Dancercise 11:00 Word Game 1:15 Nails polished 3:30 Meditation			
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