

· MARCH 2023

· SUNDAY ·

· MONDAY ·


· TUESDAY ·

· WEDNESDAY ·

· THURSDAY ·

· FRIDAY ·

· SATURDAY ·

				1	2	3	4	
				9:00 Book Club 10:00 Name That Tune 11:00 Word Game 1:15 Music Appreciation 3:00 Meditation	9:00 Book Club 10:00 Chair Exercise 11:00 Scrabble with a Manager 1:15 Sip and Sketch 3:00 Meditation	9:00 Book Club 10:00 Life Stories 11:00 Bible Study with Judy 1:15 Movie 6:00pm Movie	10:00 Chair Yoga 1:15 Movie	
10:00 Chair Yoga 1:15 Movie	5 9:00 Book Club 10:00 Chair Yoga 11:00 You Be the Judge 1:15 Bingo 2:00 Aging Challenges Group 3:00 Meditation	6	Hairdresser 9:00 Book Club 10:00 Comedy Hour 11:00 Dancercise 1:15 Nails Polished 3:30 Meditation	7	8 9:00 Book Club 10:00 Word Game 11:00 Walking Group (Weather Permitting) 1:15 International Women's Day! 3:00 Meditation	9 9:00 Book Club 10:00 Chair Yoga 11:00 Corn Hole 1:15 Music Appreciation 3:00 Meditation	10 9:00 Book Club 10:00 Word Game 11:00 Bible Study with Judy 1:15 Movie 6:00pm Movie	11 10:00 Chair Yoga 1:15 Movie
 10:00 Chair Yoga 1:15 Movie	12 9:00 Book Club 10:00 Chair Yoga 11:00 You Be the Judge 1:15 Bingo 3:00 Catholic Mass with Father Murray	13	Hairdresser 9:00 Book Club 10:00 Dancercise 11:00 Comedy Hour 1:15 Nails Polished 3:30 Meditation	14	15 9:00 Book Club 10:00 Balloon Badminton 11:00 Trivia 1:15 Jewelry Making 3:00 Meditation	16 9:00 Book Club 10:00 Chair Yoga 11:00 Corn Hole 1:15 Sip and Sketch 3:00 Meditation and Drumming	17 St Patrick's Day 9:00 Book Club 10:00 Get Inked 11:00 Bible Study 12:00 St. Pattys Party 1:15 Movie	18 10:00 Chair Yoga 1:15 Movie
10:00 Chair Yoga 1:15 Movie	19 9:00 Book Club 10:00 Chair Yoga 11:00 You Be the Judge 1:15 Bingo 3:00 Meditation	20	Hairdresser 9:00 Book Club 10:00 Dancercise 11:00 Comedy Hour 1:15 Nails Polished 3:30 Meditation	21	22 9:00 Book Club 10:00 Word Game 11:00 Walking Group 1:15 Music Appreciation 3:00 Meditation	23 9:00 Book Club 10:00 Chair Yoga 11:00 Corn Hole 1:15 Iced Coffee Social 3:00 Meditation	24 9:00 Book Club 10:00 Word Game 11:00 Bible Study with Judy 1:15 Movie 3:00 Meditation	25 10:00 Chair Yoga 1:15 Movie
10:00 Chair Yoga 1:15 Movie	26 9:00 Book Club 10:00 Board Meeting 11:00 Name the Tune 12:45 Resident Council Meeting 1:15 Bingo	27	Hairdresser 9:00 Book Club 10:00 Dancercise 11:00 Comedy Hour 1:15 Nails Polished 3:30 Meditation	28	29 9:00 Book Club 10:00 Balloon Badminton 11:00 Trivia 1:15 Jewelry Making 3:00 Meditation	30 9:00 Book Club 10:00 Dancercise 11:00 Poetry Group 1:15 Sip and Sketch 3:00 Meditation and Drumming	31 9:00 Book Club 10:00 Crafting Corner 11:00 Bible Study with Judy 1:15 Movie	

