

January 2025

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



			10AM Chair Yoga 130PM Movie 630PM Movie	1	9AM Manicures 10AM Exercise 11AM Word Game 130PM Wine Social 3PM Knitting Circle	2	10AM Exercise 11AM Bible Study 1230PM Birthday Celebration 130PM Bingo 230PM Manicures with Janiyah	3	10AM Chair Yoga 130PM Movie 630PM Movie	4			
10AM Chair Yoga 11AM Word Game 130PM Movie 630PM Movie	5	9AM Manicures 10AM Exercise 11AM Meditation 130PM Movie 3PM Scrabble	6	9AM Manicures 10AM Exercise 11AM Word Game 130PM History Talk 3PM Book Club	7	9AM Manicures 10AM Dollar Tree Trip 11AM Rosary 130PM Margarita Mixer 3PM Mah Jongg	8	9AM Manicures 10AM Exercise 11AM Word Game 130PM Spa Day 3PM Knitting Circle	9	9AM Manicures 10AM Exercise 11AM Bible Study 130PM Bingo	10	10AM Chair Yoga 130PM Movie 630PM Movie	11
10am Chair Yoga 11am Word Game 1:30pm Movie: I Tonya 3pm Cornhole 630PM Movie	12	10AM Exercise with Rose 11AM Meditation 130PM Tech Assist	13	10am Exercise with Pauline 11am Word Game 1:30pm Movie: Little Women 1:30pm Winter Craft: Decoupage Shells	14	10am Chair Yoga 11AM Rosary 11am Word Game 1:30pm Sewing: Stich Fix with Kate	15	10am Exercise with Pauline 11am Word Game 1:30pm Movie: Winter's Tale 3pm Cornhole	16	10AM Exercise with Rose 11AM Bible Study 130PM Bingo	17	10AM Chair Yoga 130PM Movie 630PM Movie	18
10AM Chair Yoga 11AM Word Game 130PM Movie 630PM Movie	19	Martin Luther King Day 10AM Chair Yoga 130PM Movie 630PM Movie	20	9AM Manicures 10AM Exercise 11AM Word Game 130PM History Talk 3PM Book Club	21	9AM Manicures 10AM Exercise 11AM Rosary 1PM Peabody Essex Museum 3PM Mah Jongg	22	9AM Manicures 10AM Exercise 11AM Word Game 130PM TaiChi 3PM Knitting Circle	23	9AM Manicures 10AM Exercise 11AM Bible Study 130PM Bingo	24	10AM Chair Yoga 130PM Movie 630PM Movie	25
10AM Chair Yoga 11AM Word Game 130PM Movie 630PM Movie	26	9AM Manicures 10AM Exercise 11AM Meditation 1PM Bowling Trip 130PM Movie	27	9AM Manicures 10AM Exercise 11AM Word Game 130PM Movie 3PM Book Club	28	Chinese New Year 9AM Manicures 10AM Exercise 11AM Rosary 130PM Tiki Tea Party	29	9AM Manicures 10AM Exercise 11AM Word Game 130PM Spa Day 3PM Knitting Circle	30	9AM Manicures 10AM Exercise 11AM Bible Study 1230PM Resident Council Meeting 130PM Bingo	31		

